

CURRICULUM VITAE

Dr Alfred Charles White

Phone: 0121 314 0330

Fax: 0121 535 7093

www.oaktreeclinicmidlands.co.uk

email: info@oaktreeclinicmidlands.co.uk

Educational Qualifications

LRCP, MRCS : MAY 1970
MB, BS : JUNE 1970
MRCPsych : OCTOBER 1974
MD : JUNE 1981
FRCPsych : JUNE 1991

MEDICAL EDUCATION:

Guy's Hospital Medical School, 1965 - 1967

Kings College Hospital Medical School: 1967 1970

MD THESIS:

A psychiatric study of severely injured burn victims.
University of Birmingham, 1981

PREVIOUS POSTS HELD:

House Physician (General & Renal Medicine) to Dr. P.H. Friedlander and Dr. V. Parsons, Dulwich (Kings College) Hospital - 1st July 1970 to 31st December 1970.

House Surgeon (Urology) to Dr. G. Baines and Mr. P. Dawson-Edwards, Queen Elizabeth Hospital, Birmingham, 7th January 1971 to 6th July 1971.

Senior House Officer (Psychiatry) to Dr. D.H. Morgan and Mr. M. Sim, Midland Nerve Hospital, Birmingham, 7th July 1971 to 6th July 1972.

Senior House Officer (Psychiatry) to Professor W.H. Trethowan and Dr. D.H. Morgan, Queen Elizabeth Hospital, Birmingham, 7th July 1971 to 6th July

1972.

Registrar to Dr. A.C.P. Sims, All Saints Hospital, Winson Green, Birmingham (General Psychiatry seven sessions) and Dr. R.S. Bluglass, Midland Centre for (Forensic Psychiatry three sessions), 7th July 1972 to 6th July 1973.

Registrar to Dr. J. Harrington, Uffculme Clinic, Moseley, Birmingham (Psychotherapy seven sessions) and Registrar to Dr. P. Barker, Charles Burns Clinic, Moseley, Birmingham (Child Psychiatry three sessions), 7th July 1973 to 31st March 1974.

Senior Registrar to Dr. M. Sim, Central Birmingham Health District, (T), 1st April 1974 to 31st January 1975.

Senior Registrar to Dr. R.W. Tibbetts, Central Birmingham Health District, (T), February 1975 to October 1975.

Lecturer, Birmingham University Department of Psychiatry, October 1975 to January 1978.

Appointed as Consultant Psychiatrist by Central Birmingham Health Authority in 1978 with whom I have been employed to date. Based firstly at Midland Nerve Hospital and then Queen Elizabeth Psychiatric Hospital. The Health Authority then became South Birmingham Mental Health Trust and latterly Birmingham and Solihull Mental Health Trust.

PRESENT POST:

Consultant Liaison Psychiatrist - Birmingham & Solihull Mental Health NHS Trust,

Consultant Liaison Psychiatrist, Queen Elizabeth Hospital

Liaison Psychiatry: Selly Oak Hospital - Liaison Psychiatry

Queen Elizabeth Psychiatric Hospital - General Psychiatry

Brain Injury Rehabilitation Trust

ADMINISTRATION:

Regional Adviser on Approval of Doctors Under Section 12(2) of the 1983 Mental Health Act (until summer 2000)

Control of Infection Committee

Deliberate Self-Harm Committee

CHAIRMAN OF THE FOLLOWING:

- The Bruce Burns Memorial Trust
- Medical Advisory Committee (Mental Health) until spring 2000
- Sankey Clinico- Pathological Club.

MEMBER OF THE FOLLOWING:

- Confidential Committee (3 Wise men)
- Committee Member Birmingham Medical Institute
- Human Tissue Authority assessor

HONORARY POSITION:

- President of Section of Psychiatry, Birmingham Medical Institute (1984/5)
- GMC: Consultant - Sick Doctors' Scheme
- Medical Assessor

TRUSTEE:

- Jubilee Fund
- Bruce Burns Memorial Trust

TEACHING:

- Extensive under and post-graduate teaching responsibilities
- Specialist registrar trainer since 1978
- Teaching of nurses, doctors, speech therapists, midwives
- Teaching at numerous courses & seminars
- General Medical Council - Medical Assessor
- The Royal College Of Psychiatrists: Examiner 9 years until November 2003
- Examinations observer
- Regional representative - Faculty Liaison Psychiatry

PUBLICATIONS:

Coexistence of the Capgras and De Clerambault Syndrome. Case history. Andrew Sims and A. White. Brit. Journal of Psychiatry (1973) 123, 635-7.
Saliva and Serum estimations in psychiatric patients. Andrew Sims and A. White. Brit. Journal of Psychiatry (1974) 124, 106-107.

The use of an oral, long-acting, anti-psychotic agent, Penfluridol in schizophrenia. A. White and Andrew Sims. *Curr. Med. Res. Opin.* (1974) 2, 42.

Hallucinations caused by Bromocriptine. A. White and T.J.C. Murphy, *Brit. Journal of Psychiatry* (1977) 130, 104.

Alcohol ingestion in accident victims, A. White, *The Lancet* (1977) 1, 1108.
The relationship between alcohol and industrial accidents. A. White, *The Journal of Alcoholism* (1977) 12, 4.

Problems associated with the analysis and interpretation of saliva lithium. Andrew Sims, A. White and K. Garvey. *British Journal of Psychiatry* (1978) 132, 152-154.

Ganser Syndrome: The Aetiological Argument. R. Latham, A. White and Andrew Sims. *Journal of Neurology, Neurosurgery and Psychiatry* (1978) 41, 9, 851-854.

Aftermath Neurosis: Psychological Sequelae of the Birmingham Bombings in Victims not seriously injured. Andrew Sims, A. White, T.J.C. Murphy, *Med. Sci. Law* (1979) Vol. 19-2.

Psychogenic Fever: Entity or Nonentity? A. White and M.K. Hasan, *Postgraduate Medicine* (Aug 1979) Vol. 66, 2

Drinking and Accidents. A study of Pre-accident drinking and Total Alcohol Consumption in a sample of Accident Hospital Patients. A. White, *Aspects of alcohol and Drug Dependence*. Ed. J.S. Madden, R. Walder and W.H. Kenyon. Pitman (1980) 343.

Psychiatric Study of Patients with Severe Burn Injuries. A. White, *British Medical Journal* (February 1982) 284, 465-467.

Pre-accident Medication and Alcohol in Burn and Other Victims, A. White, *Journal of Clinical and Hospital Pharmacy* (1983) 8, 301-303.

Psychotherapy - Difficulties in Research and Methodology - A New Approach. A. White. *Midland Journal of Psychotherapy* (June 1984) 1, 41-43.

Lithium Augmentation in the Treatment of Delusional Depression. M. Pai, A. White, A.G. Deane. *British Journal of Psychiatry*. (1986) 148, 736-738.

Manic Depressive Psychosis Presenting as Erotomania. D.J. Clarke and A. White. *Clinical Notes On-line*. Vol. 1, page 182 (1986).

Evaluation of a Day Hospital Programme. A Retrospective Pilot Study: D.C. Rowan, F.J. Rogers, A. White, L.R. Stredwick. *The Midland Journal of Psychotherapy* (1986) 2, 14-24.

Treatment of Vomiting with Relaxation Therapy. D.J. Clark, A. White and D.C. Rowan. *Psychiatric Journal of the University of Ottawa* (1987), Vol. 12, 1, 49-50.

Tardive Dystonia. Which way do Schizophrenics Twist: D.O.C. Corbin, A.C. Williams and A. White. *The Lancet (Letters to Editor)* P. 8527, Vol 1 for 1987.
 Compensation Psychosis. A. White, D. Armstrong and D.C. Rowan, *Brit. Journal Psych.* (1987) 150, 692-694.

The Use of Thiopentone in the Treatment of Non-organic Locomotor Disorder. A. White, D.O.C. Corbin, and B. Cope. *Journal of Psychosomatic Research*, Vol 32, No 3. Pages 249-253 (1988).

A Double-blind Dose-finding Study of Risperidone in the Patient with Major Depressive Disorder. A. White et al *Human Psychopharmacology*, Vol. 3, 275-280 (1988).

Ondansetron in Treatment of Schizophrenia. A. White et al, *Letter Lancet* May 1991, Vol. 337.

Seating Arrangements During Consultations in a Psychiatric Setting. A.C. White, M. Doshi, Dr. J. Nicholls & Dr. C. Mohan, *Psychiatric Bulletin*, Aug/Feb 1993.

Consent or No Consent. A. White et al, *Letter Psychiatric Bulletin* August 1994, Vol 18, No 8, Page 507.

Risperidone in Case Histories. A. White, *Trial Drug Development*, 1994, 1 : 3-5.
 Foreword - Depression. A.C.White *Regional Therapeutic News* Vol 3 November 1994

Schizophrenia - A Patient's View. A. C. White, *Schizophrenia Review*, Vol 2, No. 2 Dec 1994 (Janssen Pharmaceutical)

Suicide by Self-Strangulation Whilst Under Observation. Kennedy N.M.J., Whittington R.M., White A.C. *Med. Sci. Law* (1995) 174 - 177 Vol 35 No. 2

Drugs in Mental Health: an introduction for non-medical professionals. Alfred C. White. *British Journal of Therapy & Rehabilitation*, (1995) 231 - 234 Vol 2 No.

Risperidone - A switching study. Multicentre trial. *Acta Scandinavia*

Liver Transplantation For Alcoholic Liver Disease: Evaluation of a Selection Protocol Anil C Anand, Ben-Hur Ferraz-Neto, Peter Nightingale, Darius F Mirza, Alfred White, Paul McMaster, James M Neuberger. Hepatology vol 25, No. 6, 1478 -1484 June 1997 Dermatitis Simulata White A.C. British Journal of Dermatology July 1998 139, 169

Phase II trial of radical surgery for locally advanced pelvic neoplasia S.R. Bramhall, J.D. Harrison, A Burton, D. M. A. Wallace., K.K. Chan, G. Harrison., A. White, and J.W.L. Fielding, British Journal of Surgery 1999, 86, 805 -812

Serum Amylase activity in bulimia nervosa and anorexia nervosa. White A.C. Gosling, Kilby M, Zareian M, Sgouros X 2000 Poster Royal College of Psychiatrists Annual Meeting 2000.

"Insuring" a Correct Differential Diagnosis - A "Forensic" Collaborative Experience. Sam Abudarham and Alfred White. International Journal of Language & Communication Disorders, Volume 36, Supplement 2001.

Folinic Acid in Depression. Letter to Editor. By C.L. Feetham, P. Irteland and A. White. Journal of Affective Disorders, 72, (2002) pages 297 - 298.

Professional views on managing common mental health problems in primary care. By P. Nolan, J. Orford, A. White and J. Smith. Primary Care Mental Health (2003) (1) pages 27-36.

The impact of packet size on paracetamol (acetaminophen) poisoning in the west midlands (United Kingdom) Langford N J, Aruna R S, Mutimer D , White A C , Ferner RE Journal of Toxicology and Clinical Toxicology 2003 41 (4) 419 – 20 S U Shah, Z Iqbal, A White, and S White

Relationship between cardiovascular and psychiatric conditions, Postgrad. Med. J., Dec 2004; 80: 683 - 689.

REPORT:

Comparison of General Practitioners and Psychiatrists views on treatment for minor mental illnesses (Report presented to South Birmingham Mental Health Trust). Orford J, Nolan P White A

PAST AND FUTURE DEVELOPMENTS:

- Brain Injuries Development
- Regional committee member on rehabilitation setting up head injury services with (Marsland committee)
- Exeter Rd head injuries unit weekly sessions prior to development of Moor Green Unit
- Head injury referrals originally in Birmingham Accident Hospital & currently Selly Oak Hospital
- Prokare advisor
- Tracs advisor

Eating Disorder Unit:

Patients with eating disorders were traditionally seen and treated within the teaching hospital until 1984. With the development of the catchment area service and the involvement of the Midland Nerve and Queen Elizabeth hospitals it was felt certain services needed to be protected and continued. A specialised unit initially started within the Professorial Unit but then was disbanded. I had continued to use beds for the use of special referrals (later to become Extra Contractual Referrals) and these gradually were increasingly occupied by patients suffering from eating disorders. A fully fledged eating disorder unit emerged and following shared use of beds at the Woodbourne Priory hospital a dedicated Eating Disorder Unit (Reed Unit) was established at the Queen Elizabeth Psychiatric Hospital. I remained consultant in charge until moving full time to Liaison Psychiatry in October 1997.

Liaison Psychiatry Unit:

As with eating disorders patients in general hospitals in central Birmingham were seen following referral to any of the consultant teams. With the development of catchment areas and the amalgamation of South and Central Districts the service delivered to medical and surgical departments was considered inadequate by these units.

I was keen to provide the service they required and in 1995 was able to establish (together with a senior nurse) a liaison service to the University Hospital (Q.E.& Selly Oak) as well as the unit for young disabled at Moseley Hall hospital, some services to the head injury unit and to Woodlands hospital. For some years I was on the regional committee setting up services for the head injured patients.

The length of stay for patients who had taken overdoses was cut dramatically whilst the psychiatric service to these patients and all patients from the general medical and surgical

units as well as specialised units has been greatly improved. It is hoped and anticipated that the service will be further developed and expanded in line with the proposals put forward by both Royal colleges of Medicine and Psychiatry.

Psychiatric Occupational Health

A weekly session with an Occupational Health Department commenced eighteen months ago. I am hoping to develop this service and include occupational rehabilitation.

MENTAL HEALTH PROMOTION UNIT:

I joined the Mental Health Promotion Working Party of the Mental Health Services Committee at its inauguration in 1982. The group was steered by Dr. John Beasley until his untimely death in 1997. I have chaired the committee since the late 1980's.

The group can claim to have been largely responsible for creating the acceptance of the notion of good mental health and contributed to some of the ideas promulgated by The Health Of The Nation.

It has spawned a research team; Professor Jim Orford (psychology), Peter Nolan (Professor of Nursing), and previously Jennifer Smith (research worker) and myself researched the attitudes and facilities for the treatment of certain mental disorders in Primary Care.

We continue to foster mental health promotion through the Bruce Burns Memorial Trust.

SERVICE TO MEDICAL PERSONNEL

Doctors and other medical staff are referred from throughout the West Midlands. Also assess and treat doctors for the Health Committee of the General Medical Council. University Students - I see students at the request of Birmingham University.

CIVIL FORENSIC PSYCHIATRY

In the latter half of the 1970's I completed a research project leading to my obtaining a Doctorate in Medicine. The research included a study of the psychological effects of accidental trauma. As a result I have become an "expert ", in this field and my opinion is sought on the effects of trauma and additionally on cases of Medical Negligence.

INTERESTS

Fell Walking, Photography, Swimming