

**Ian Douglas STARKE**  
**CURRICULUM VITAE**

**Date of Birth:** 24th July 1948

**Place of Birth:** Epping, England

**Nationality:** British

**Marital Status:** Single

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**Medical School:** Guy's Hospital Medical School, London

**Degrees & Diplomas:** BSc (1st Class), London 1969  
MBBS London 1972 (honours)  
MRCP, UK 1974  
MSc (Immunology: Distinction), London 1980  
(Immunological monitoring in carcinoma of the ovary)  
MD, London 1985  
(Impedance Cardiography and LV dysfunction in COPD)  
FRCP London, 1993  
FRCP Edinburgh, 2003  
Certificate in Teaching (TPMDE) 1998  
RCP Educator (RCP London) 2002

**Specialist Accreditation:** Thoracic Medicine, 1983  
General (Internal) Medicine, 1983  
Geriatric Medicine, 1991

## **Present Appointment, from January 1988**

Consultant Physician in General Medicine, Medicine for the Elderly and Stroke Medicine, University Hospital Lewisham and Guy's, King's and St Thomas' School of Medicine

## **Training Posts**

<u>Nov 1986 - Dec 1987</u>	Senior Registrar in Geriatric Medicine, Guy's and New Cross Hospitals (Drs R R Lewis and R McNabb)
<u>Oct 1982 - Oct 1986</u>	Senior Registrar in General and Thoracic Medicine, Guy's and Lewisham Hospitals (Prof. M H Lessof, Prof. T J H Clark)
<u>Oct 1981 - Sept 1982</u>	Locum Consultant in General and Thoracic Medicine, Whipps Cross Hospital
<u>Oct 1979 - Sept 1981</u>	Clinical Research Fellow, MRC Leukaemia Unit, and Hon. Senior Registrar, Hammersmith Hospital (Prof. D Galton)
<u>Oct 1978 - Sept 1979</u>	Registrar in General Medicine, Diabetes and Metabolism, St James' Hospital, Balham (Dr N W Oakley)
<u>Oct 1977 - Sept 1978</u>	Registrar in Medical Oncology, Royal Marsden Hospital (Dr E Wiltshaw)
<u>July 1977 - Sept 1977</u>	Research Registrar, Brompton Hospital (Dr M Branthwaite)
<u>July 1975 - June 1977</u>	Registrar in Thoracic Medicine, Brompton Hospital (Prof. M Turner-Warwick)

## **Clinical and Managerial Responsibilities in NHS post**

I am a practising Consultant with responsibilities in general medicine, medicine for the elderly and stroke. I have significant clinical management experience at Trust and Health Authority level, and have been Clinical Director for Medicine for the Elderly. I have developed and evaluated a number of innovative services in partnership with other health and social care providers. These developments have required strong strategic, interpersonal and influencing skills.

### ***Current clinical rôles***

- Responsible for 20 – 40 acute general medical inpatients of all ages
- On call one in eight (average 30 admissions) 2 months out of 4
- Responsible for a 26-bedded ward for acute medicine for the elderly.
- Responsible for 28-bedded stroke and neurological rehabilitation unit 2 months out of 4.
- Weekly general medical/elderly outpatient clinic

- Weekly specialist stroke/TIA clinic 2 months out of 4

### ***Previous managerial roles 2003-2007***

- Clinical Director for Medicine for the Elderly and Stroke, Division of Medicine
- NSF Clinical Practice Champion for Older People for Trust
- Member of District Health Partnership Board for Older Adults with special responsibility for monitoring progress towards NSF targets across all agencies, and for Intermediate Care
- Lead Physician for Stroke Medicine and Chair of Interagency Stroke Strategy Group, with responsibility for improving prevention and management of stroke across all agencies in the Health District.

### ***Service Developments***

#### Services for Older People and Acute Medicine

- 1995 – 97: member of Service Standards Working Party on Services for Older People for Regional Health Services Accreditation initiative.
- 1998: obtained SAC approval for second full time SpR post in medicine for the elderly,
- 1999: obtained Partnership grant to establish Falls Service between Acute Trust and Social Care and Health (£30,000)
- 2001/3: obtained funding for fourth (part-time) and fifth (full-time) consultant posts in medicine for the elderly
- 2003: obtained approval for third SpR in medicine for the elderly.
- 2002: led service modernisation in Directorate to create more integrated working with acute medicine, and 17% increase in throughput.

#### Intermediate Care

- 1994 – 97: responsible for setting up, managing and evaluating a Hospital-at-Home service with Community Health Trust, social services and primary care: successful competitive bid for Health Authority funding (£1.13 million)
- 2001 – 2008: with partners in social services, community trust and primary care, developed integrated Intermediate Care Service. Combines previous separate “schemes” with new elements including early assessment on the Assessment/Admissions Unit and bed-based Intermediate Care (funding from Health Authority for £185,000, and London Older People’s service development grant from NHSE / SSI for £70,000 to develop model).

#### Stroke Services

From 1998 I have developed, with colleagues in all disciplines, a multidisciplinary specialist stroke service, starting with 9 rehabilitation beds, and now comprising:

- 28-bed stroke rehabilitation unit
- weekly neurovascular and stroke follow-up clinic
- community-based stroke rehabilitation team
- daily specialist multidisciplinary acute stroke ward rounds with access to acute stroke beds if required
- close links with consultant neurologist, cardiologist and vascular surgeon

- full multidisciplinary working including a clinical psychologist and access to specialist neuropsychiatric advice
- close links with patient and carer organisations.

## **Education and Training**

I have always found teaching and education to be immensely rewarding, and have been fortunate to receive positive feedback over many years. I have a particular interest in developing and maintaining high quality clinical skills and attitudes in the rapidly changing setting of today's NHS.

Continuing education and professional development for career-grade staff is a challenging and rewarding field, particularly at the present time with increasing public awareness about the standards of care which they may rightly expect.

### ***Consultant Education and Continuing Professional Development***

#### Past activities

- 1999: Helped to set up, and participated in, RCP "Physicians as Educators" programme, now running in London, Oxford and Mersey Deaneries. Facilitated training days in Consultant Appraisal and Career planning.
- 2000: Member of CPD Advisory and CPD Steering Committees, RCP London: closely involved with the development of the new system for CPD in its paper and on-line versions, and appreciative of the need to develop a robust system which appeals to practising physicians.

#### Director of CPD for RCP London – 2002 to 2005

#### Director of CPD, Federation of Royal Colleges of Physicians, UK – 2005 to date

- Revised and strengthened the approval criteria for external CPD events
- Agreed developments to the on-line diary to enable the collection of more detailed feedback from attendees to improve the quality of events
- Developed approval criteria for web-based distance learning materials
- Developed an on-line system to facilitate the approvals process and to enable specialist review of events submitted for approval
- Introduced a regular induction programme for new Regional CPD Advisers and Specialty Representatives
- Initiated (and am still developing) a Consultants' Development Programme focussed on the non-clinical and professional skills needed by consultants in their first five years
- Represented the RCP London on the Academy Directors of CPD Group, which has worked closely with the GMC to link CPD with appraisal and revalidation
- Represented the RCP London and the Academy Group at the European Accreditation Council for CME, and have made progress towards an understanding with European Specialist Societies regarding their role in providing specialist advice on pan-European approval of CME events

- Redeveloped the CPD system for the Federation

Medical Director, Revalidation, Royal College of Physicians London and vice-chair of CPD Working Group of Academy of Medical royal Colleges – 2008 to date

- Developing structures and processes for revalidation of physicians, working with specialist societies, the Academy of Medical Royal Colleges, the GMC and the Department of Health.

***Higher Specialist Training***

Past activities

- 2000 to 2001: Chair of South Thames Regional Specialty Training Committee in General Medicine, including monitoring quality of training posts in G(I)M and joint training visits with other specialties
- 2000 to present: External Assessor for RCP General Professional Training visits and General Medicine external assessor for PYA RITAs
- 2002: Member of SAC in G(I)M, working with Education Department at RCP to develop and pilot in-course assessment methods for SpRs.

2003 to 2008 - Chair, Specialty Advisory Committee in General and Acute Medicine

Since appointment I have:

- Finalised the current curricula in General (Internal) and Acute Medicine
- Advised on the structure of training programmes in G(I)M (acute medicine)
- Worked with the Education Department at RCP London and as a member of the JCHMT Implementation Group to introduce new Performance Assessment Methods into SpR training
- Led a Working Group to clarify current and future service and training requirements in acute medicine and general medicine, and to recommend changes in training to facilitate the development of the specialty of acute medicine.

***Postgraduate Education***

- 1983: Established and directed MRCP Clinical and Written Courses at Guy's Hospital
- 1993-97: Designed and ran training courses for MRCP Parts I and II overseas (Saudi Arabia and Malaysia)
- 1999: Established MRCP Clinical Course at Lewisham and monthly clinical "masterclasses" in response to the need for focussed clinical training
- 2001: Reorganised the clinical courses to correspond to new PACES format

**Other work on behalf of the RCP and Deanery**

- RCP College Tutor for Guy's and Lewisham NHS Trust, 1989 – 93.
- Regional Adviser, Royal College of Physicians, 1996 – 2000.

- Regional Adviser Representative on RCP Nominations Committee,
- Established twice yearly RCP Tutor meetings and Regional Updates
- Initiated pilot of “whitelist” for RCP nominations to Consultant Advisory Appointments Committees
- Member of the Sub-Committee of Council for General Professional Training, 1998 to 2002
- Regional Adviser Representative on Education, Training and Examinations Board, 1999 to 2002
- Examiner for MRCP Part II / PACES, 1996 to date:
  - Host examiner 1999 – 2001, Nominated Visiting Examiner 2002.
  - Overseas Examiner, 2004
- Regional Examinations Lead, South-East Thames, 2003 to date.
- Member of Department of Health Task Group: "Building on the Best - Choice, Responsiveness and Equity in the NHS"; 2003
- Invited Service Review, Geriatric Medicine Services in Gibraltar, 2004

#### **Work for Specialist Society**

- 1996 – 99: Secretary, S.E. Thames Region, British Geriatrics Society
- 1999 – 2002: S.E. Thames Regional Representative on Council, British Geriatrics Society

Ian Starke,  
October 2008